

Report on the Use of the One-off Grant for Promotion of Sports Ambience and MVPA60 in Schools (2024-2025)

Part I: Report and Evaluation on Major Establishment and Activities

1. Sports Corner Establishment

The sports corner was established as scheduled, with sports equipment such as balls and rackets made available to students during recess, lunchtime, and after school. It was observed that student usage of the equipment increased consistently during breaks and after-school hours. This indicated that the objectives of fostering a sports-oriented atmosphere and encouraging students to develop regular physical exercise habits had been achieved.

2. Introduction of Indoor Rowing and Triathlon

The introduction of indoor rowing for Forms 1–3 and indoor triathlon for Forms 4–6 successfully heightened students' interest in sports. Teachers observed strong student engagement during lessons. Additionally, participation in the school rowing team increased, and the number of students entering related competitions nearly doubled, with commendable results achieved.

3. Emerging Sports: Dodgeball and Archery Tag

The teacher in charge of newly introduced sports, including dodgeball and archery tag, noted that students actively participated in both activities and were attentive to the coaches' instructions. Archery tag, being a relatively novel activity, proved particularly innovative and engaging.

4. S-miles Day Event

- The teacher in-charge reported on the successful execution of S-miles Day. Teachers observed a positive atmosphere across all grade levels, with particularly high enthusiasm during relay races, demonstrating the event's effectiveness in strengthening class unity and promoting a sports culture.
- A new initiative this year involved sharing students' individual competition data from the previous year in advance, allowing them to track their progress. This approach was deemed effective and should be retained for future events.
- Students contributed by filming promotional videos and serving as emcees, enhancing the event's relaxing and enjoyable atmosphere. The outcome was favorable, and the practice is recommended for continuation.

5. Inter-class Sports Competition

The teacher in-charge reported on the inter-class sports competition, which was well-received by students. The events included:

- F1: Basketball + Handball
- F2: Handball
- F.3: Basketball + Giant Volleyball
- F.4: Dodgeball + Basketball

6. Teachers involved unanimously agreed that the school's sports atmosphere has improved significantly, with growing student participation in various sports during their free time.

Part II: Financial Report

Total Grant: \$150,000 (for 2024-2027 school years)

Activities (2024-2025)	Areas	Actual Expenses
<u>Promoting sports in recess, lunch and after school</u> <ul style="list-style-type: none"> ● Purchase of balls to make them available to students during breaks. 	v	Total: \$2,682
<u>Promotion of sports during PE lessons</u> F.1-3: Indoor Rowing F.4-6: Indoor Triathlon (Indoor Skiing, Indoor Cycling and Indoor Rowing) F.1-6: Newly emerged sports (e.g. Dodgebee, Pickleball, Flyball) <ul style="list-style-type: none"> ● Course fee, coach fee and fee for delivery of equipment 	vii	\$2,640 \$4,800 \$4,250 Total: \$11,690
<u>Sports Corner</u> <ul style="list-style-type: none"> ● Purchase of gym equipment (exercise bikes and Nordic track sequoia skiers) ● Purchase of mats ● Wall Decorations 	v	\$49,700 \$4,649.2 \$8,883.31 Total: \$63,232.51
<u>Inter-class sports competitions (F.1-5)</u> <ul style="list-style-type: none"> ● Purchase of prizes 	vi	0
<u>S-miles Day (F.1-5)</u> <ul style="list-style-type: none"> ● Rental fee for sports equipment ● Purchase of miscellaneous items like plastic tapes, battery ● Purchase of medals and prizes 	vi	\$5,500 \$792 \$4,856 Total: \$11,148
Subsidies for students participating in Rowing Training	ii	Total: \$7,704

Inter-house sports competition: Indoor Triathlon		Total: \$3,985
	<u>Total:</u>	\$100,441.51
	<u>Unspent Balance:</u>	\$49,558.49

Up to 31/8/2025

Areas

- i. *To develop or procure PE-/sports-related IT services, mobile applications and related software, as well as PE-/sports-related activity kits and supporting tools*
- ii. *To organise or subsidise students' participation in diversified PE-/sports-related learning activities/competitions*
- iii. *To organise or subsidise the participation of students, teachers and coaches in PE-/sports-related exchange activities/study visits in the Mainland/overseas³*
- iv. *To organise sports-related activities involving the participation of various school stakeholders, including teachers and parents, with the students*
- v. *To purchase or upgrade PE/sports equipment in the school*
- vi. *To develop/enhance the policy on the development of an active and healthy school campus/MVPA60*
- vii. *To hire additional non-teaching staff/qualified coaches or procure services to assist in promoting sports ambience and MVPA60 in the school*
- viii. *Others (Please specify):*