

## **Report on the Use of the One-off Grant for Mental Health at School (2023-2024)**

### **Part I: Activities organized**

- Six activities were organized were organized using the grant spread across the year as following
  - a. Mental Health Day 1  
Date: November 28, 2023  
Theme: Happiness
  - b. Mental Health Day 2  
Date: February 28, 2024  
Theme: Life : Power and Hope
  - c. Mental Health Day 3  
Date: April 23, 2024  
Theme: Failure
  - d. Mental Health Day 4 (A free Service provided by Hong Kong Children & Youth Services)  
Date: May 29,2024  
Theme: Five senses interactive exhibition on Mental Health
  - e. Movie Watching: Blue Giant (For F.6 Students)  
Date: January 4, 2024
  - f. Form Period: Relaxation (For F.5 students) in April,2024

### **Part II: Evaluation on the activities**

- All the activities held had clear goals and different themes for improving students' mental health at school and the goals were achieved.
- The feedback for the activities was positive from teachers and students. In general, they could cater for the needs of the students at school.
- Many students participated in Mental Health Days and they enjoyed themselves in the relaxing activities. It was appropriate to spread the activities across the year to allow students to take a break and have some fun in the stressful study life.
- The feedback for movie watching was also good as it was believed that the motive and follow-up activity could strengthen F.6 students' determination to face the challenges of the coming DSE.
- Please see Appendixes A and B for the detailed evaluation of different activities.
- It was suggested that similar activities should be organized again in the coming year.

**Part III: Financial Report****Activities for 2023-24**

<b>Activities</b>	<b>Area*</b>	<b>Expected Expenses</b>	<b>Actual Expenses</b>
Mental Health Day 1 (Happiness)	i	\$2,300	\$1,555.7
Movie Watching (F.6) : Blue Giant	i	\$10,000	\$9,288
Mental Health Day 2 (Life : Power and Hope)	i	\$5,200	\$2,776.5
Mental Health Day 3 (Failure)	i	\$10,000	\$2,271.1
Mental Health Day 4 ( Five senses interactive exhibition on Mental Health)	i	\$0	\$0
Form period (Relaxation)	i	\$800	\$723.3
Total:		\$38,300	\$16,614.60
Unspent Balance:			\$43,385.40

**Area\***

- i. Organising activities and programmes related to enhancing the mental health of students and teacher.
- ii. Providing support services related to enhancing the mental health of students and teachers.
- iii. Designing and producing school-based learning and teaching resources related to mental health.
- iv. Purchasing items, furniture and equipment to enhance the mental health of students and teachers.
- v. Others (please specify)