Report on the Use of the One-off Grant for Promotion of Sports Ambience and MVPA60 in Schools (2025-2026)

Part I: Report and Evaluation on Activities

1. Purchase of Sports Equipment for Promoting a Sports Atmosphere at School

   Sports equipment, including different types of balls and pickleball rackets, was purchased to be made available for students to use during recess and after school. Students loved this arrangement, and the usage rate was high.

2. Promotion of Newly Emerged Sports in Different Forms in PE Lessons

   The revision of the school timetable reduced the number of PE lessons per cycle. After fulfilling the requirements of the syllabus, there seemed to be no room for arranging newly emerged sports in the PE lessons this year.

3. Chapter Awards Scheme

   Due to changes in the policies of the Hong Kong China Rowing Association, the Chapter Awards Scheme was not able to be implemented at the school this year.

4. 730 Physical Activity Program

   The program started on October 17, 2025. It aims to cultivate students' resilience, enhance their mental health, and promote regular exercise habits. Participants have to arrive at school every morning at 7:30 and exercise for around 30 minutes. With the implementation of a new policy allowing students to wear their PE uniform to school if they joined the program, more students were willing to participate. A few students even participated almost every day. It was believed that the aims of the program were achieved, and it was agreed that the program should continue in the coming year. For further improvement, the teacher-in-charge will explore ways to design an app that can easily record the accumulation of students' exercise time so that they can see their own accomplishments more clearly.

5. S-miles Day Event

   Mr. Patrick Wong reported that the S-miles Day was conducted successfully in March this year. The atmosphere was positive across all forms. However, there was no F.5 competition as few students showed interest, probably due to their busy study schedule.

   It was suggested that next year an indoor triathlon or Hyrox could be used to replace indoor rowing in F.4 and F.5 on S-miles Day for competition purposes.

Part II: Financial Report 2025-2026

Total Grant: $150,000 (For 2024-2027 school years)
Adjusted balance from the previous year: $49,558.58

Proposed Activities (2025-2026)	Areas	Actual Expenses
Purchase of sports equipment for promoting sports in recess, lunch and after school: • Balls • Pickleball and rackets	v	 $1,807.34 $4,782.98
Promotion of newly emerged sports in different forms in PE lessons • Course fee, coach fee and fee for delivery of equipment	vii	 0
Hong Kong China Rowing Association Chapter Awards Scheme (章別獎勵計劃)	iv	0
730 Physical Activity Program* • Hand straps	ii	 $135.85
S-miles Day (F.1-5) • Trophy • Certificates • Class T • LAN cable • Chain & labour fee • Repairing fee	iv	 $3,000+$251 $143 $26 $480 $1,680 $2,000
Total:		$14,306.17
Unspent Balance:		$35,252.41

As at 22/6/2026

Areas

i. *To develop or procure PE-/sports-related IT services, mobile applications and related software, as well as PE-/sports-related activity kits and supporting tools*
ii. *To organise or subsidise students' participation in diversified PE-/sports-related learning activities/ competitions*
iii. *To organise or subsidise the participation of students, teachers and coaches in PE-/sports-related exchange activities/study visits in the Mainland/overseas3*
iv. *To organise sports-related activities involving the participation of various school stakeholders, including teachers and parents, with the students*
v. *To purchase or upgrade PE/sports equipment in the school*
vi. *To develop/enhance the policy on the development of an active and healthy school campus/MVPA60*
vii. *To hire additional non-teaching staff/qualified coaches or procure services to assist in promoting sports ambience and MVPA60 in the school*
viii. *Others (Please specify):*