

One-off Grant on Parent Education (Secondary)

Plan and Budget 2026-2027

Total Grant: \$200,000

Unspent balance from the previous year: \$106,637.11

Objectives:

1. Give parents of secondary students an understanding of adolescent development
2. Promote adolescents' healthy, happy and balanced development
3. Foster parents' physical and psychological well-being

Proposed Date/ Month	Activities	Targets	Service provider/ Speaker	Expected Expenses
Strand I: Understanding of Adolescent Development				
Oct 2026	Parents' Talk on understanding adolescent's development and needs: Sex and relationship	All Parents (Free)	TWGH Ho Yuk Ching Education Psychology Service Centre	\$0
Nov 2026	Parents' Talk on understanding adolescent's development and needs: Money Dialogue	All Parents	HKFY	\$2,800
Strand II: Promotion of Healthy, Happy and Balanced Development of Adolescents				
Jan 2027	Parent's Talk: Parent's Talk: The roots of Procrastination	All Parents (\$3800)	Ms. Miu Mei Sze	\$3,800
April 2027	Celebrity Talk : Adversity, dreams and new generations Alternative: How to increase children's resilience through failure experiences?	All parents	HKFY	\$10,000
Strand III: Promotion of Parents' Physical and Psychological Well-being				
Oct 2026-May 2027	<ul style="list-style-type: none"> • Relaxation workshop: Herbal Soap Making • Parents' Talk: Self-care workshop: from the perspective of traditional Chinese Medicine • Father group (Pickleball) 	All Parents	Individual instructors	\$25,000
Total:				\$41,600
Unspent Balance:				\$65,037.11